Media release

**Know your standards for your next night out?**

Did you know that a glass of wine or beer served in a pub or club is often larger than a standard drink? Or that your favourite cocktail can contain as many as five standard drinks?

How much do you know about standard drinks? Find out by visiting your [insert local library name] on/from [insert dates] where you will find a range of activities around standard drinks and alcohol intake, during XXX*.*

“There is a tendency to over-size drinks and this will be tested at [insert library] where people will be asked to pour what they think is a standard drink,” said [insert job title and name of library spokesperson].

“We are providing people with key information about alcohol consumption and standard drink requirements to help them make informed choices about drinking,” said [insert library spokesperson].

[insert other activities: talks, workshops, etc.]

[insert spokesperson] **is available for an interview on Library activities during XXX.**

**Drug Info** provides up-to-date information about alcohol and drugs via a dedicated website and through local public libraries in New South Wales. **Drug Info** is a joint initiative of NSW Health and the State Library of NSW.

Follow the conversation #knowyourstandards #nswpubliclibraries

**MEDIA INQUIRIES:**[insert name, contact phone number, email, web address]www.druginfo.sl.nsw.gov.au/alcohol